
COURSE DESCRIPTIONS

COURSE NUMBERING

001-099 – Developmental courses intended for students who need further preparation before enrolling in college-level courses. These courses are not transferrable and do not satisfy degree or certificate requirements.

100-299 – College-level courses offered for credit and applicable to degree & certificate programs.

PREREQUISITES AND CO-REQUISITES

Course descriptions include the specific prerequisites for each course. The prerequisite must be completed with a minimum grade of “C” prior to entry into the course. Courses noted as co-requisites must be taken during the same semester.

Students should confer with academic advisors in planning their course work. Adhering to prerequisites and co-requisites assures students of having the academic skills necessary to be successful in college courses.

All courses listed are not offered every semester. Check the current schedule of classes for course offerings.

ADVENTURE SPORTS

ASI101 Intro to Recreation, Parks & Adventure Sports (3 crs)

An overview of the recreation and adventure sports industries, including an analysis of the parks systems in various states and the nation.

Instructional Hours: 3

Prerequisite: ENG071

Offered FALL semester

ASI104 Adventure Sports Colloquium I (0.25 credits)

Students meet to share information with speakers from the field of adventure sports. Typically, the speakers are small business owners within the field of adventure or work for agencies that offer adventure as a product. Students are presented with information from these speakers and have the opportunity to ask questions about the field. (CR/NC grade)

Laboratory Hours: .50

ASI105 Adventure Sports Colloquium II (0.25 credits)

A continuation of ASI104. (CR/NC grade)

Laboratory Hours: .50

ASI109 Intro to Therapeutic Recreation in the Adv Setting (3 crs)

This course presents an overview of services, agencies, and programs designed to meet the developmental, psychological, recreational, and therapeutic needs of special populations.

Instructional Hours: 3

Prerequisite: ENG071

Offered occasionally

ASI110 Back Country Living Skills (3 credits)

A course designed to introduce students to the basic skills and practices necessary to successfully and safely exist in the backcountry setting. Topics include proper dress, nutrition, backcountry navigation, personal hygiene, and shelter systems employing leave no trace and low impact techniques. (Intro)

Instructional Hours: 4

Offered FALL semester

ASI111 Beginning Orienteering (1 credit)

A course involved with the use of special maps (orienteering maps) and magnetic compass in an effort to traverse a preset course, usually in a forested area. Students will learn basic map and compass skills and develop good technique of the sport of orienteering. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered occasionally

ASI115 Wilderness Survival Skills (1 credit)

An introductory course teaching the theory and skills associated with surviving in wilderness locations. Addresses survival preparation, survival first aid, water and food procurement, survival clothing and equipment, fire craft, emergency signals, individual and group survival shelters, nighttime survival, and nighttime direction finding. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered FALL semester

ASI117 Cold Weather Outdoor Living Skills (1 credit)

A course dealing with the special problems and considerations of outdoor living skills in temperatures below 50 degrees Fahrenheit. Typically, the course is offered during the month of January and thus the temperatures could range well below 0 degrees Fahrenheit. Students learn how to dress, travel with equipment, prepare food, construct shelters, and maintain a healthy spirit in the adverse conditions of cold, wet environs. (Intermediate) (CR/NC grade)

Instructional Hours: 2

Prerequisite: ASI110

Offered occasionally

ASI120 Intro. to Traditional Rock Climbing (1 cr)

This course is designed to introduce students to the basic concepts associated with traditional and top rope rock climbing. Emphasis will be given to basic knots, belay techniques and movement skills as well as to gaining general exposure to, and experience in, traditional rock climbing techniques. (Intro) (CR/NC grade)

Instructional Hours: 2

Prerequisite: ASI110c

Offered FALL semester

ASI121 Rock Craft 1 (1 credit)

This course is designed to build upon the skills, experience, and knowledge gained in ASI120. Students will focus on becoming competent seconds to a traditional lead climber. Emphasis will be given to belaying, ground anchors, cleaning protection and rope management in a multi-pitch setting. Top rope site management techniques will also be discussed and practiced. (Intro) (CR/NC grade)

Instructional Hours: 2

Prerequisite: ASI120c

Offered FALL semester

ASI130 Intro. to Whitewater Kayaking (1 credit)

A course designed to introduce students to fundamental knowledge and skills needed to safely paddle a whitewater kayak in moving water. Emphasis will be placed on skill development in the areas of equipment selection and fit, clothing, safety in and around moving water, paddling theory, strokes, maneuvers, rescue, group organization, and reading and running rivers. (Intro) (CR/NC grade)

Instructional Hours: 2

Prerequisite: ASI131c

Offered FALL semester

ASI131 Intro. to Whitewater Paddlesports (1 credit)

This course is designed to introduce individuals to the fundamentals of whitewater paddlesports. Participants will maneuver a variety of whitewater crafts, both individually and in groups, through class I - IV whitewater. Topics include: Individual and group responsibilities and safety, the nature and care of equipment, the relationship between paddlesports and the natural environment, trends and issues in paddlesports, and river dynamics. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered FALL semester

ASI133 Intro. to Whitewater Canoeing (1 credit)

An introductory course in the skill of paddling an open canoe in mild whitewater conditions (class III and less). Topics include: paddling strokes, the dynamics of moving water, equipment, and safety/rescue in moving water. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered occasionally

ASI135 Intro. to Whitewater Oar Rafting (1 credit)

This course is designed to introduce individuals to the fundamentals of whitewater oar rafting. Participants will maneuver whitewater oar rigs, both individually and in groups, through class I-III whitewater. Topics include: whitewater oar rigging, river reading, river dynamics, maneuvering in whitewater, the nature and care of equipment, river safety and rescue. Emphasis will be placed on individual and group responsibilities, the relationship between paddlesports and the natural environment, as well as trends and issues in paddlesports.

Instructional Hours: 2

Offered FALL semester

ASI136 Intro. to Rafting and River Guiding (1 credit)

An introductory course designed to instruct the fundamentals of the sport of whitewater paddle rafting. Students are presented information about rafting equipment, proper preparation for a river trip, paddling strokes, control of a raft, river dynamics, maneuvering in whitewater, reading the river, proper commands to give for safely descending and controlling a raft in rapids, river safety and rescue, and care for and minor repair of a raft. This course uses the American Canoe Association's whitewater rafting curriculum. Course meets requirements for the ACA paddle rafting curriculum. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered SPRING semester

ASI138 Introduction to Sea Kayaking (1 credit)

A course concerned with the development of knowledge and skills necessary to safely operate an ocean/sea kayak in calm water, surf, and open sea environments. Material covered includes an introduction to equipment and history of the sport, kayak strokes, considering environmental factors such as wind, waves, and surf, self rescue, assisted rescues, and navigation. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered SPRING semester

ASI140 Intro. to Cross Country Mountain Biking (1 cr.)

A course designed to develop in students the necessary skills for cross country mountain biking. Students will be introduced to trail riding on woods roads and single track trails over moderate terrain in whatever weather prevails. Topics include: basic bike maintenance and repair, bike riding technique for down hilling and climbing techniques, clothing, risk management, nutrition, and hydration. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered FALL semester

ASI145 Mountain Bike Mechanics I (1 credit)

This course is designed to develop in students the skills and competencies needed to become a bike assembler/entry-level mechanic at a professionally managed bike shop. Emphasis will be given to knowledge and utilization of specific tools and timely assembly of a mountain bike. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered SPRING semester

ASI150 Beginning Alpine Skiing (1 credit)

Students will acquire basic skiing techniques through instruction from Professional Ski Instructors of America (PSIA) teachers. Levels 1, 2, 3, and 4 will be presented to the students, thus taking them from walking on flat ground with skis, through skidding turns, and ending with wide track parallel skiing. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered occasionally

ASI154 Beginning Snowboarding (1 credit)

A course designed to introduce students to the methods of alpine snowboarding. Topics include equipment selection and basic snowboarding techniques. Students will descend green circle (beginner) and some blue square (intermediate) slopes at a local ski area. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered occasionally

ASI158 Cross Country Skiing (1 credit)

A beginning course in the basics of Nordic/cross country skiing. Topics include: proper dress for Nordic skiing, standing and moving on flat terrain, kick and glide techniques, snow plow stops, snow plow turns, step turns, kick turns, and basic downhill technique. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered SPRING semester

ASI159 Intro. to Telemark Skiing (1 credit)

A course designed to develop the technique necessary to safely and properly practice the sport of Back country or telemark skiing. Topics include free heel equipment, wedge turns, basic telemark turning, basic alpine turning, and some advanced telemark technique tips. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered SPRING semester

ASI160 Swift Water Rescue (1 credit)

A course in the methods of rescuing persons in swift water conditions. Students study the dynamics of moving water, natural and manmade hazards, swimming the rapids to assist in a rescue, how to deal with strainers, use of throw rope, rope rescue techniques, and the use of a rescue vest. Special topics are added as appropriate by the instructor. (Rescue) (CR/NC grade)

Instructional Hours: 2

Offered FALL semester

ASI162 Fundamentals of Search and Rescue (NASAR Certification) (1 credit)

A course to instruct individuals in the methods of searching for lost persons. Topics include search and rescue (SAR) hierarchy, personal preparedness, rescue, search, and preventative search and rescue. Course is hands-on oriented and includes one overnight experience. SARTEC III certification offered. (Intro) (CR/NC grade)

Instructional Hours: 2

Prerequisite: ASI110

Offered every other SPRING semester

ASI164 Advanced Level First Aid & CPR (3 credits)

An advanced level first aid and CPR course for individuals having professional responsibilities in the adventure industry. The certification awarded with this course depends upon the availability of instructional staff. Examples of certifications include the American Red Cross Emergency Response, the National Ski Patrol Outdoor Emergency Care, or a Wilderness First Responder course. In any case, a professional level CPR would be awarded.

Instructional Hours: 3

Offered INTERSESSION semester

ASI170 Guiding & Instructing in Adv. Sports (3 credits)

This course is designed to prepare the student for Guiding and Instructing in the Adventuresports field. Drawing on curricula from the American Canoe Association, (A.C.A.), the Professional Ski Instructors of America (P.S.I.A.), the American Mountain Guides Association (A.M.G.A.), the National Outdoor Leadership School (N.O.L.S.), and the Wilderness Education Association (W.E.A.), content will focus on: Teaching and Learning Styles, Assessment, Lesson Planning, Curriculum Design, Delivery Options, and Evaluation. Students will be required to design a course and facilitate a classroom session.

Instructional Hours: 3

Prerequisite: ENG071

Offered SPRING semester

ASI180 Introduction to New Games-Initiatives/Low Ropes Challenge Course (1 credit)

A course designed to build interaction within a group by use of relating games and the low (approximately 3 feet or lower) ropes course. (Intro) (CR/NC grade)

Instructional Hours: 2

Offered FALL semester

ASI200 Adv Sports Prgm Planning and Mgmt (3 credits)

The planning, scheduling, and implementation of recreational activities and events are presented in this course. Students will learn through lecture, simulation, and practical experience the procedures involved in developing, staffing, budgeting, and managing risks for adventure sports programs for diverse audiences.

Instructional Hours: 3

Prerequisite: ENG071 and ASI101

Offered SPRING semester

ASI201 Leadership and Group Dynamics of Adv Sports (3 cr)

This course is designed to introduce students to the tools needed for planning and operating a professional level adventure outing. Emphasis will be given to risk management, group process, ethical issues in leadership, leadership models, experimental education models, and effective leadership skills.

Instructional Hours: 3

Prerequisite: ENG071 and ASI200

Offered FALL semester

ASI204 Adventure Sports Colloquium III (0.25 credits)

A continuation of ASI105. (CR/NC grade)

Laboratory Hours: .50

ASI205 Adventure Sports Colloquium IV (0.25 credits)

A continuation of ASI204. (CR/NC grade)

Laboratory Hours: .50

ASI206 Practicum Preparation (1 credit)

This course is designed to introduce the learner to effective job search strategies and prepare them for their internship experience. Emphasis will be given to developing interview skills; creating a resume, cover letter and online portfolio; and utilizing a variety of sources to locate potential internship/job opportunities in the adventure sports industry.

Instructional Hours: 1

Prerequisite: ASI101

Offered FALL semester

ASI207 Practicum Internship (1 credit)

Students complete a 180 hour (minimum) internship under the guidance of the Adventure Sports Internship Coordinator.

Instructional Hours: 1

Prerequisite: ASI206

Offered FALL and SPRING semesters

ASI208 Practicum III (1 credit)

Included in the curriculum for Frostburg State University students earning an A.A.S. degree at Garrett College.

Offered occasionally

ASI210 Winter Adventure Skills (2 credits)

This course is designed to introduce students to functional winter living and backcountry camping. Emphasis will be given to the ability to stay warm and dry, environmental impact, safe snow travel, proper hydration and nutrition, and cold weather hazards. (Intermediate)

Instructional Hours: 2

Offered INTERSESSION semester occasionally

ASI212 Eastern Mountaineering (1 credit)

A skill development expedition for beginner and intermediate mountaineers seeking both wilderness travel and mountaineering skill development. Topics include: self belay, self arrests, snow travel, rope team management, and the use of ice axes and crampons. This is a physically demanding course, please contact the instructor for fitness requirement information. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI110

Offered occasionally

ASI220 Rock Craft 2 (1 credit)

The course is designed to build upon the skills, experience and knowledge gained in ASI121. Students will focus on becoming competent seconds to a traditional lead climber. Emphasis will be given to belaying, ground anchors, cleaning protection and rope management in a multi-pitch setting. Top rope site management techniques will also be discussed and practiced. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI121c

Offered FALL semester

ASI221 Rock Craft 4 (1 credit)

This course is designed to build upon the skills, experience and knowledge gained in ASI220. Students will be introduced to the skills necessary to lead traditional rock climbs. Emphasis will be given to placing protection, anchor building and rope management in a multi-pitch setting. Top rope site management techniques will also be discussed and practiced. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI220c

Offered SPRING semester

ASI222 Rock Craft 5 (1 credit)

This course is designed to build upon the skills, experience and knowledge gained in ASI221. Students will practice the skills necessary to lead traditional rock climbs. Emphasis will be given to placing protection, anchor building and rope management in a multi-pitch setting. Students may earn the opportunity to lead a traditional rock climb. Top rope site management techniques will also be discussed and practiced. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI221c

Offered SPRING semester

ASI226 Ice Climbing (1 credit)

This course is designed to build upon the skills, experience and knowledge gained in ASI120. Students will be introduced to the basic skills needed to climb ice formations. Emphasis will be given to equipment, movement skills, and understanding ice formation and deformation. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI110 and ASI120c

Offered occasionally

ASI230 Whitewater Kayaking Techniques I (1 credit)

A course designed to build on the skills, experience, and knowledge gained in ASI130. Emphasis will be placed on strokes, lateral movement, attaining, maneuvers, rescue, group management, river reading and paddling in appropriate whitewater. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI130c

Offered FALL semester

ASI231 Whitewater Kayaking Techniques II (1 credit)

A course designed to build on the skills, experience, and knowledge gained in ASI230. Emphasis will be placed on technical correctness and application of strokes, more advanced surfing and river navigation. Students will practice trip planning, group management, and rescue of others. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI230c

Offered FALL semester

ASI232 Whitewater Freestyle Kayaking (1 credit)

An introduction to playboating using freestyle, planing hull kayaks. Course focuses on class II/III wave and hole surfing, playing eddy lines, and a brief introduction to rules and regulations for freestyle competition. Students enrolling in ASI232 MUST have a solid whitewater roll, as freestyle kayaking involves rigorous practice of maneuvers in river features that often result in capsizes. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI130c

Offered SPRING semester

ASI233 Whitewater Canoeing Techniques I (1 credit)

A continuation of ASI133. Course improves on paddling techniques and river maneuvers and elevates the paddling skills to class III+ whitewater. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI133c

Offered occasionally

ASI236 Whitewater Rafting Tech. Development (1 cr)

This course emphasizes the American Canoe Association whitewater rafting curriculum. It is intended to develop the techniques necessary to pass the ACA Whitewater Rafting Instructor Certification. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI136c

Offered SPRING semester

ASI238 Sea Kayaking Techniques I (1 credit)

This course is designed to build on the basic technical paddling and rescue skills introduced in ASI138 taking these techniques to a variety of new open water and tidal environments. New skills will focus on trip planning, open water navigation, group management and surf zone paddling. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI138c

Offered SPRING semester

ASI240 Interm. Cross Country Mountain Biking (1 cr)

This is an intermediate course for cross country mountain bike riders. Terrain covered will be rugged and the pace strenuous in whatever weather prevails. Topics include: bike handling, night riding, down hilling and climbing techniques on single track trails, obstacle negotiation, an introduction to racing philosophy, nutrition, hydration, clothing, and risk management. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI140c

Offered FALL semester

ASI249 Whitewater Kayaking Techniques III (1 credit)

A course designed to build on the skills, experience, and knowledge gained in ASI231. Emphasis will be placed on technical correctness and application of strokes, more advanced surfing and river navigation. Students will practice teaching and honing technical and professional knowledge. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI231

Offered SPRING semester

ASI250 Alpine Skiing Techniques I (1 credit)

A continuation of ASI150, students will be presented levels 5, 6, and 7 from PSIA teachers. Content will begin with wide track parallel skiing and advance to parallel skiing, carved turns, and an introduction to steeper slope skiing with moguls. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI150c

Offered occasionally

ASI251 Alpine Skiing Techniques II (1 credit)

A continuation of ASI250, students will be presented levels 8, 9 and 10 from PSIA teachers. Content focuses on steep slope skiing with moguls and covers diverging and converging step turns. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI110 and ASI250c

Offered occasionally

ASI254 Snowboarding Techniques I (1 credit)

A continuation of ASI154. Students learn more advanced snowboarding techniques. Students will descend green, blue, and some black diamond (advanced) slopes at a local ski area. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI154c

Offered occasionally

ASI255 Snowboarding Techniques II (1 credit)

A continuation of ASI254. Students learn more advanced snowboarding techniques, particularly on intermediate and advanced slopes at a local ski area. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI110 and ASI254c

Offered occasionally

ASI258 Cross Country Skiing Techniques I (1 credit)

Builds on basic skills introduced in ASI158, Introduction to Cross Country Skiing. New techniques introduced are skating, off trail or backcountry skiing, and higher efficiency track skating. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI158c

Offered SPRING semester

ASI259 Telemark Skiing Techniques I (1 credit)

This course is designed to build on those skills that were introduced in ASI159, Introduction to Telemark Skiing. New techniques include: backcountry travel, intermediate telemark techniques, avalanche awareness, individual and group responsibilities and safety, the nature and care of equipment, the relationship between skiing and the natural environment, plus trends and issues in the ski industry. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI159c

Offered SPRING semester

ASI260 Rock Craft 3: Vertical Rock Rescue (1 credit)

This course is designed with the intention that students will gain the essential skills necessary to perform a competent rescue of a partner utilizing standard equipment carried by traditional rock climbers. Emphasis will be given to belay escapes, knot passes, rescue rappel, litter lowers and litter carries. (Rescue)

Instructional Hours: 2

Prerequisite: ASI220c

Offered FALL semester

ASI262 National Ski Patrol Training (1 credit)

Students who have been accepted into a candidate program of the National Ski Patrol System may enroll in this course. To become a candidate, individual must check with a particular ski area as to their procedure. Normally, this is done the ski season prior to the individual's actual training. (Rescue)

Instructional Hours: 2

Prerequisite: Permission of Instructor (Candidate in NSPS)

Offered occasionally

ASI264 Rescue Diving (1 credit)

Training awarding certification allowing a diver to retrieve submerged materials. (Rescue)

Instructional Hours: 2

Offered occasionally

ASI270 Rock Craft 6: Rock Climbing Instructor Development (Certification Course) (1 cr)

This course is designed to develop the skills needed to become a rock climbing instructor in a top rope or single pitch setting. Emphasis will be given to top rope setup and facilitation, rappel setup and facilitation, rescue scenarios, managing risk and professionalism. Students will have the opportunity to facilitate a rock climbing and rappelling experience for a client group. Maryland State Top Rope Site Manager and/or Professional Climbing Guides Institute Top Rope Guide/Single Pitch Instructor certification offered. (Instructor)

Instructional Hours: 2

Prerequisite: ASI220c

Co-requisite: ASI170

Offered SPRING semester

ASI270A Rock Climbing Instructor Development (Amer Mtn Guides Assoc Climbing Wall Instr) (1 cr)

This course addresses the basic technical skills necessary to manage an instructional program at a climbing facility. The course is designed to increase the level of professionalism in indoor climbing and improve the level of climbing wall instruction, and to provide guidance for further professional development. There are two certification levels: AMGA CWI Top Rope and AMGA CWI Lead. (Instructor)

Instructional Hours: 2

Prerequisite: ASI220c

Co-requisite: ASI170

Offered FALL semester

ASI271 Wilderness Guide Instructor Development (Leave No Trace Master Educator) (1 credit)

This course is designed to provide participants with a comprehensive overview of Leave No Trace skills and ethics through practical application in a field-based setting. The first day is spent in a classroom, introducing the course and schedule, providing in-depth information on the overall Leave No Trace program and the Center for Outdoor Ethics, reviewing gear, and packing. The remaining days are spent in the field on a backcountry trip learning and practicing the principles of Leave No Trace. Successful completion of the course will enable students to train others in Leave No Trace skills as well as facilitate Leave No Trace Trainer courses and Awareness Workshops. (Instructor)

Laboratory Hours: 1

Prerequisite: ASI110 and ASI170

Offered SPRING semester

ASI271A Wilderness Guide Instructor Development (Leave No Trace Trainer) (1 credit)

An introduction to Leave No Trace principles. This LNT Trainer course is designed for students who are working in the field of outdoor recreation. The course focuses on skills needed to lead others on wilderness excursions with an emphasis on the seven principles of Leave No Trace, and techniques for teaching these skills to others. This course includes Leave No Trace Trainer training and successful graduates of the course gain skills to teach Leave No Trace Awareness Workshops. (Instructor)

Laboratory Hours: 1

Prerequisite: ASI110 and ASI170

Offered FALL and SPRING semesters

ASI273 Mtn Bike Guide Development and Certification (1 cr)

A course designed to develop in students the necessary skills for leading mountain bike tours. Students will be introduced to the skills needed to manage mountain bike tours. Topics include: managing biking groups in the back country, teaching Leave No Trace Principles, managing risk for group mountain bike riders, site selection for teaching mountain biking, and all other topics covered in Introduction to Mountain Biking. Students will be required to teach a minimum of 1/2 day biking curriculum to novice riders. (Instructor)

Instructional Hours: 2

Prerequisite: ASI140c and ASI240c

Co-requisite: ASI170

Offered FALL semester

ASI274 PSIA LEVEL I EXAM: ALPINE SKIING (1 credit)

Students clinic under PSIA instructors for the purpose of developing techniques needed to become a Level I PSIA Instructor in Alpine skiing. Enrollees must qualify by demonstrating abilities. (Instructor)

Instructional Hours: 2

Prerequisite: ASI259c Co-requisite: ASI170

Offered occasionally

ASI274A PSIA LEVEL I EXAM: NORDIC TRACK (1 cr)

Students clinic under PSIA instructors for the purpose of developing techniques needed to become a Level I PSIA Instructor in Nordic Track & Skate. Enrollees must qualify by demonstrating abilities. (Instructor)

Instructional Hours: 2

Prerequisite: ASI258c Co-requisite: ASI170

Offered SPRING semester

ASI274B PSIA LEVEL I EXAM: NORDIC TELEMARK (1 cr)

Students clinic under PSIA instructors for the purpose of developing techniques needed to become a Level I PSIA Instructor in Nordic Telemark. Enrollees must qualify by demonstrating abilities. (Instructor)

Instructional Hours: 2

Prerequisite: ASI259c

Co-requisite: ASI170

Offered SPRING semester

ASI274C PSIA LEVEL I EXAM: SNOWBOARDING (1 cr)

Students clinic under PSIA instructors for the purpose of developing techniques needed to become a Level I PSIA Instructor in Snowboarding. Enrollees must qualify by demonstrating abilities. (Instructor)

Instructional Hours: 2

Prerequisite: ASI255c

Co-requisite: ASI170

Offered occasionally

ASI275 Whitewater Canoe Instructor Training (1 cr)

Modeled after the American Canoeing Association instructor program, students enrolled must meet the ACA requirements for the passing of the Whitewater Certification portion of their program. For more information, contact the Adventure Sports program director. (Instructor)

Instructional Hours: 2

Prerequisite: ASI233c

Co-requisite: ASI170

Offered occasionally

ASI276 Whitewater Kayak Instructor Training (1 cr)

Modeled after the American Canoeing Association (ACA) Instructor Development Workshop, this course is designed to prepare students for certification by the ACA. Students will demonstrate competent modeling of whitewater strokes and maneuvers in class III whitewater, as well as teaching, professional and technical knowledge. (Instructor)

Instructional Hours: 2

Prerequisite: ASI249c

Co-requisite: ASI170

Offered SPRING semester

ASI277 Whitewater Rafting Instructor Training (1 credit)

A course designed to test whitewater rafting techniques in class III/IV whitewater. American Canoe Association whitewater rafting certification offered. (Instructor)

Instructional Hours: 2

Prerequisite: ASI236c

Co-requisite: ASI170

Offered SPRING semester

ASI279 Challenge Course Facilitation (1 credit)

This course focuses on refining students' understanding of experiential learning theory, facilitation techniques, program design, risk management and technical belay skills through their facilitation of the class throughout various challenge course elements. (Instructor)

Instructional Hours: 2

Prerequisite: ASI280c

Co-requisite: ASI170

Offered every other FALL semester

ASI280 Intermediate Ropes Course (1 credit)

A course designed to build self confidence and self reliance as well as group interaction and support through the use of a high ropes course. (Intermediate)

Instructional Hours: 2

Prerequisite: ASI110 and ASI180

Offered every other FALL semester

ASI290-299 Special Topics in Adventuresports (1 - 3 credits)

Students will study a topic of special interest under the supervision of a College faculty member.

Instructional Hours: 1 -3

Prerequisite: Permission of Instructor